

Specialized Training for Therapists Treating Law Enforcement and First Responders with BRAINSPOTTING

Changing Lives, One Badge at a Time
With Stephanie Neuman, LCSW



Changing Lives, One Badge at a Time gives therapists an inside look at the trauma experienced by Law Enforcement and other First Responders. Stephanie brings real life experience to the table for discussion, understanding and healing. Before becoming a therapist, Stephanie was an officer for over 10 years. During that time in law enforcement, she experienced many critical and volatile events giving Stephanie first hand exposure to the traumas of law enforcement. At only eight weeks on the job as a patrol officer she was involved in an officer involved shooting. This critical event ultimately led her to a culturally competent therapist that helped navigate Stephanie's traumas. This ultimately led Stephanie to pursue a Master's in Social work and focus on healing trauma with other first responders. Stephanie is now an LCSW and has been a trauma therapist for the past ten years. Her primary clientele are people with severe trauma. She sees numerous first responders and military personnel. Stephanie has taken the basics of her training as a cop and integrated it with Brainspotting techniques to create a powerful model of healing her clients efficiently and effectively Included in the trainings are multiple client session videos and an hour long "Brain of a First Responder" presentation to give to your local agency. You won't want to miss this two-day training!

Objectives:

- Become culturally competent in healing first responders
- Gain an understanding of what First Responders go through every day
- Identify and become confident in the setup of healing first responder clients with Brainspotting
- Identify your own blocks for healing this clientele effectively.

June 9-10, 2023 and October 27-28, 2023

9 am – 5 pm MST

Presented ONLINE VIA ZOOM

TO REGISTER: www.leave traumabehind.com

Early Bird Registration for October is September 30, 2023- \$450
Regular registration: - \$499