



LEAVE TRAUMA BEHIND

A MENTAL HEALTH PRACTICE

Stephanie Neuman Presents:

Brainspotting in Action

Two day training, Fridays
March 3 and March 10,
2023

via Zoom

[https://www.leavetraumabehind.com/event-
details/brainspotting-in-action](https://www.leavetraumabehind.com/event-details/brainspotting-in-action)

Observe Brainspotting in Action during an amazing two-day training where participants watch, critique and learn from over 20 hours of videoed client sessions! Truly brainspotting in action!

Changing Lives

Stephanie Neuman, LCSW has been a licensed clinical trauma therapist for over ten years. She has been Brainspotting with clients since 2016 and is a consultant in training. Through her knowledge and expertise in healing intense trauma, Stephanie takes participants through her journey in deciding how and when to use Brainspotting in her sessions. This will be an interactive two days with intense learning and opportunity for confidence building.

*Clients that sit with Stephanie have an option to be recorded and those video sessions being shown are of participants willing to help in the education process for therapists.